

TRANSPORTATION-RELATED TBI, 2004

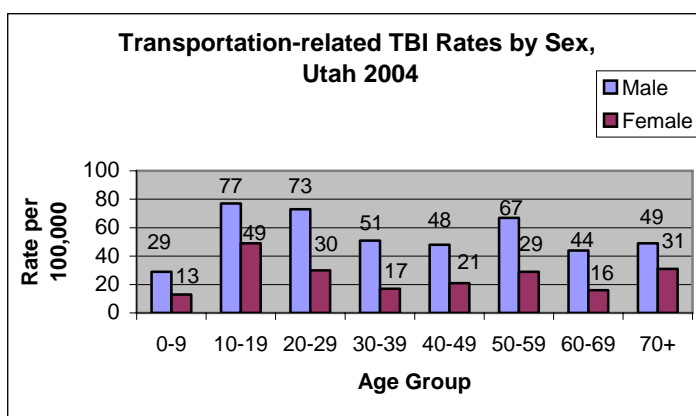
Facts about transportation-related traumatic brain injury (TBI) in Utah:

- ▶ More than half (54%) of all TBIs sustained in Utah in 2004 were transportation-related.
- ▶ 58% of transportation-related TBI victims were in a motor vehicle, 14% were on a motorcycle, 13% were pedestrians, 9% were on an ATV or snowmobile, and 7% were riding a bicycle.

2004 Utah Traumatic Brain Injury Data *

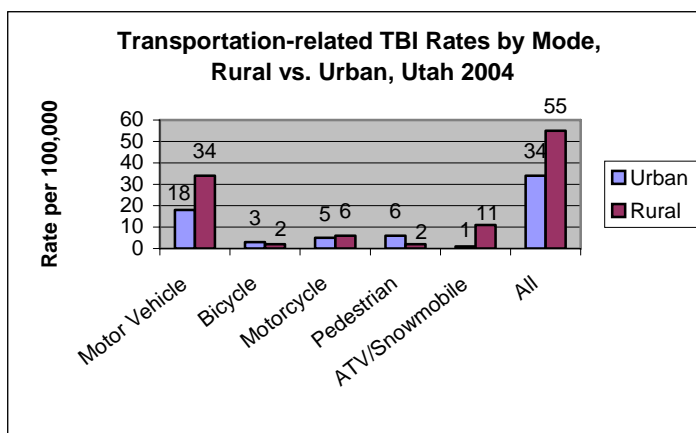
WHO

- Males sustained more than twice as many transportation TBIs as females (68% vs. 32%).
- Males age 10-29 had the highest rates of transportation-related TBI.



WHERE AND HOW

- Rural Utah counties see 58% more transportation TBIs than urban Utah. (Urban Utah includes Salt Lake, Utah, Davis and Weber Counties.)
- Rural motor vehicle and ATV/snowmobile TBI rates are the two highest of all transportation modes.



TBI PREVENTION

Motor Vehicle

- Always wear a seat belt.
- Put children in the right car seat for their age, height and weight.
- Children should ride in the back seat until age 12.
- Don't drive drunk, drugged or drowsy.

Motorcycle/ATV/Snowmobile

- Wear a helmet when riding ATVs, motorcycles and snowmobiles.
- Children should not operate ATVs, motorcycles or snowmobiles.

Bicycle and Pedestrian

- Always wear a helmet when bicycling or skateboarding. Helmets reduce the risk of brain injury by more than 85%.
- Use sidewalks and crosswalks when they're available.
- Slow down while driving in neighborhoods, around schools, and near places children play.

*All data for this fact sheet are from the Utah Department of Health Violence and Injury Prevention Program Traumatic Brain Injury Surveillance project database.

